



# Swim Schedule May 1 - May 31 2024

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
6:00-8:00a	<b>MHA Lessons</b>	6:00-8:00a		6:00-8:00a		
Lap Swim		Lap Swim		Lap Swim	<b>Lessons</b>	<b>RENTALS</b>
8:00 - 9:00a	8:30-10:00	8:00 - 9:00a		8:00 - 9:00a	<b>End May 25</b>	
<b>Aqua Waves</b>	B - 4th hr	<b>Aqua Waves</b>		<b>Aqua Waves</b>	<b>Parent / Child</b>	<b>W.SCUBA</b>
9:10-10:10a		9:10-10:10	9:30-11:00	9:10-10:10a	9:10-9:40 6m-3yrs	19-May
<b>Wave Makers</b>		<b>Wave Makers</b>	<b>Twin Lake SAW</b> May 2,9,16	<b>Wave Makers</b>	<b>Acclimation &amp; Movement</b> 9:10-9:40a 3-6yrs 9:55-10:35a 6-12yrs	12:00-3:00
10:20-11:20a		10:20-11:20a		12:00-1:30		
<b>Age Well</b>		<b>Age Well</b>		<b>RP Central SAW</b> May 10,17,24		
11:45 - 1:15		12:00-1:30	11:45-1:15		<b>Summer Session Starts June</b>	
<b>Orchard View SAW</b> May 6 & 20		<b>MLK Lessons</b>	<b>Orchard View SAW</b> May 2,9	11:45-1:45	12:00-2:00	
				<b>RP Central</b>	<b>OPEN/LAP</b>	
				<b>Rental 5/31</b>		
			1:15-2:15	4:30-6:00		
			<b>Holton</b>	<b>YMCA 722-9622</b>		
		5:30-7:00p	<b>Rental 5/31</b>	<b>Free Lessons</b>		
		<b>OPEN / LAP</b>		<b>May 3,10,17,24,31</b>		

See website for **SWIM LESSON** details / [www.mhtigers.org/athletics/aquatics](http://www.mhtigers.org/athletics/aquatics)

**Saturday Swim Lessons are FREE to MHPSAS students**

YMCA Safety Around Water (**SAW**) for Muskegon Co. Schools grade 3

Red print are outside rental groups

