



# Swim Schedule June 1-30 2024

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
6:00-8:00a	<b>MHA Lessons</b>	6:00-8:00a		6:00-8:00a		
Lap Swim		Lap Swim		Lap Swim	<b>Lessons</b>	<b>RENTALS</b>
8:00 - 9:00a	8:30-10:00	8:00 - 9:00a		8:00 - 9:00a	<b>Begin June 22</b>	
<b>Aqua Waves</b>	End 6/11	<b>Aqua Waves</b>		<b>Aqua Waves</b>	<b>Acclimation</b> 9:00-9:30a 3yrs -5yrs 9:00-9:40a First-12yrs	<b>W.SCUBA</b> June 16
9:10-10:10a		9:10-10:10		9:10-10:10a		12:00-3:00
<b>Wave Makers</b>		<b>Wave Makers</b>		<b>Wave Makers</b>	<b>Movement</b> 9:45-10:15a 3yrs-5yrs 9:45-10:25a First-12yrs	
10:20-11:20a		10:20-11:20a				
<b>Age Well</b>		<b>Age Well</b>		11:00a-5:00p	<b>Stamina &amp; Stroke Intro</b> 10:40-11:20a BySwim Skills	
		12:00-1:00p		<b>YMCA Camp Lifeguard</b> Rental 6/7		
		<b>MLK</b>				
	<b>Lessons</b>	End 6/5	<b>Lessons</b>		<b>Lessons</b>	
	Begin June 18	1:30-5:00p	End July 2		<b>Lessons</b>	
	<b>5:30-6:10p</b>	<b>YMCA Camp Lifeguard</b> Rental 6/4	<b>5:30-6:10p</b>		<b>End July 27</b>	
	Adults		Adults			
	<b>6:20-6:50p</b>		<b>6:20-6:50p</b>			12:00-2:00
	Parent/Child	5:30-7:00p	Parent/Child		<b>OPEN/LAP</b>	
		<b>OPEN/LAP</b>				

See website for **SWIM LESSON** details / [www.mhtigers.org/athletics/aquatics](http://www.mhtigers.org/athletics/aquatics)

**Saturday Swim Lessons are FREE to MHPAS students**

Red print are outside rental groups

