



# Swim Schedule March 1-31

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
6:00-8:00a		6:00-8:00a		6:00-8:00a	Lessons**	
Lap Swim		Lap Swim		Lap Swim	Winter 2 2023	CLOSED
8:00 - 9:00a		8:00 - 9:00a		8:00 - 9:00a	End March 25	
Aqua Waves	SAW	Aqua Waves	SAW	Aqua Waves	Parent /Child	
9:10-10:10a	10:00-11:30	9:10-10:10	10:00-11:30	9:10-10:10a	9:00-9:30a 6mos - 3yrs	
Age Well	RP Central	Age Well	RP Central	Age Well	Acclimation & Movement	
10:20-11:20a	All Tuesdays	10:20-11:20a	All Thursdays		9:40-10:20a 5-12yrs	
Age Well		Age Well				
SAW	SAW		SAW	SAW	Stamina- Intro- Develop	SCUBA
12:00-1:30	12:15-1:45		12:15-1:45	1:00-2:30	9:40-10:20 6-12yrs	11:00-2:00
N. Muskegon	Orchard View		Orchard View	Holton	Adults/Older Youth(13-18)	Mar. 5
All Mondays	All Tuesdays		All Thursdays	Mar. 3,10,17,24	10:30a-11:10a	
4:00-7:00p	4:00-7:00p		4:00-7:00p		12:30-2:30	
Intro to Sailing	Intro to Sailing	5:30-7:30p	Intro to Sailing		OPEN / LAP	
Mar. 20	Mar. 28	OPEN/LAP	Mar. 23,30		See Website for	
Fire Dept Dive Team					swim lesson details	
Mar. 27					mhtigers.org/athletics/aquatics	

See website for **SWIM LESSON** details / **Safety Around Water (SAW)** is a YMCA program

