



# Swim Schedule November 1-30

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
6:00-8:00a		6:00-8:00a	<b>CLOSED</b> <b>THANKSGIVING</b> <b>DAY</b>	<b>CLOSED</b> <b>NOV. 24</b>	<b>CLOSED</b> No Lessons / Open Swim <b>NOV. 25</b>	
Lap Swim		Lap Swim				
8:00 - 9:00a		8:00 - 9:00a		6:00-8:00a		
<b>Aqua Waves</b>	9:00a-9:45a	<b>Aqua Waves</b>		Lap Swim	<b>7:00-9:00a</b>	
9:10-10:10a	<b>MHA SN</b>	9:10-10:10		8:00 - 9:00a	<b>MYST</b>	
<b>Age Well</b>	<b>SAW</b>	<b>Age Well</b>	8:30 - 10:30a	<b>Aqua Waves</b>	<b>Lessons**</b>	
10:20-11:20a	10:00-11:30a	10:20-11:20a	<b>Heights</b>	9:10-10:10a	<b>Begins Nov. 11</b>	
<b>Age Well</b>	<b>Montague</b>	<b>Age Well</b>	<b>Middle School</b>	<b>Age Well</b>	<b>Acclimation &amp; Movement</b>	
1:00-2:45p	<b>SAW</b>		1:16-2:16p	10:45-11:45p	11:30a-12:00p 3-6yrs	
<b>MLK - SAW</b>			<b>Heights</b>	<b>WSL SAW</b>	10:40-11:20a 6-12yrs	
			<b>Middle School</b>		<b>Stamina- Stroke Intro</b>	
3:00-5:30p	3:00-9:00p	3:00-5:30p	3:00-5:30p	3:00-5:30p	11:30-12:10p	
<b>CoOp Team</b>	<b>CoOp Team</b>	<b>CoOp Team</b>	<b>CoOp Team</b>	<b>CoOp Team</b>		
<b>HS Boys &amp; Middle</b>						
		5:30-7:30p				
5:30-7:45p	5:30-7:45p	<b>OPEN / LAP</b>	5:30-7:45p	5:30-7:45p		
<b>MYST</b>	<b>MYST</b>	7:00-8:30p	<b>MYST</b>	<b>MYST</b>	<b>12:30-2:30</b>	
<b>Y Swim Team</b>	<b>Y Swim Team</b>	<b>MYST</b>	<b>Y Swim Team</b>	<b>Y Swim Team</b>	<b>OPEN / LAPSWIM</b>	
		<b>Y Swim Team</b>				



See website for **SWIM LESSON** details / **Red** print are outside group rentals / **Heights Programs**